



THE SPA
AT THE BLACKBURN

TREATMENT GUIDE

◇ SKIN CARE

THE BLACKBURN ROSE FACIAL \$65 RAPID TREATMENT

A detoxifying and calming deep cleansing process rejuvenates the skin while the glycolic peel repairs and ignites damaged cells. This treatment is finished with a specialized galvanic current calming & tightening the skin while also giving a youthful glow.

THE BLACKBURN WILLOW FACIAL \$85 DEEP PORE RAPID TREATMENT

This rapid treatment is best for any skin type that is struggling with enlarged pores and congestion issues. Nourish the skin while removing build up under the skin then revive the skin with a glycolic peel. Your deep pore treatment will repair and ignite damaged cells then our specialized high frequency will remove unwanted bacteria and reset the skin for your moisturizer.



LASH LIFT & TINT \$70

This safe and highly effective treatment nourishes and lifts the natural lashes then adds your desired tint to the lashes. Stunning!

BROW TINT \$25

Brow tints can transform your brows to perfection. Ideal for those with lighter, barely noticeable brows to those with a little gray peeking through.

BASIC FACIAL ADD ON: \$25

LED Light Therapy
Hydrating Lip Mask
Brightening Under Eye Mask
High Frequency

ADVANCED FACIAL ADD ON: \$50

Dermaplane
Ultrasonic
Galvanic
Advanced Microdermabrasion
(nose, around the mouth, and fine lines)

AROMATHERAPY: ADD \$10

THE BLACKBURN EVOLUTION FACIAL \$100 VITAL RADIANCE & REPAIR TREATMENT

Restore skin's vitality and reveal a bright, smooth, and radiantly youthful-looking complexion. The must-have treatment provides immediate results. Includes: brush cleanse, skin radiance peel, age defying microdermabrasion, décolletage massage, custom serum with treatment, and custom moisturizer.

We have partnered with Aktiv Skincare to ensure our skincare treatments along with our at home products provide instant results to continuously reveal healthy rejuvenated skin.



◇ MASSAGE

SWEDISH AROMATHERAPY MASSAGE

90 MINUTES | \$130

Classic technique uses flowing, rhythmic strokes to gently relax and smooth out muscle tissue. Tension is released, circulation is restored and aromatherapy enhances your mental well-being.

SEAWEED DETOX WRAP & MASSAGE

90 MINUTES | \$180

The ultimate wellness treat for your body! This gift from the sea improves elasticity: Seaweed contains fatty acids and antioxidants



that help rebuild elasticity by regenerating skin cells and increasing blood flow. Reduces cellulite: Seaweed wraps can help skin appear smoother and reduce marks on the skin caused by cellulite. Detoxifying: Toxins are eliminated from the body through the process of sweating caused by the seaweed wrap. Includes integrated massage.

Note: It is extremely important to drink 6-8 glasses of water post-treatment. Not suitable for those with iodine or seafood allergies.

AROMATHERAPY: ADD \$10

MINERAL THERAPY MASSAGE

90 MINUTES | \$180

Ready for deep healing and a total energetic reset? Opt for this amazing massage that will deeply soothe arthritis, sore muscles and deep fatigue. Salt crystals provide gentle exfoliation and micro-circulation, then melt into your skin with the mineral massage cream. Most people have a magnesium deficiency; this treatment offers immune support. Swedish and deep tissue techniques provide deep relaxation and total relief.

DEEP STONE MASSAGE

75 MINUTES | \$100

90 MINUTES | \$145

This treatment will relax, restore and revitalize you. Deep tissue, myofascial, joint mobilization techniques are combined with hot stone therapy. Your therapist uses hands and stones to deeply access muscle layers, blocked energy and areas of pain. The combination of hands-on modalities with the heat and grounding of the stones, provides ultimate relief. Your therapist will guide you in breath techniques to allow maximum relaxation in your nervous system.

SPOT TREATMENT MASSAGE

30 MINUTES | \$55

Short on time, or just need focused treatment on an area? Choose Upper Body, Lower Body, or Hands, Feet, & Face treatment options. Your therapist will use appropriate technique to release tension, mobilize the joints and move lymph. Combines well with other treatments, such as Herbal Facial or Men's Face & Neck Renewal.



◇ SPA PACKAGES

BLACKBURN PACKAGE

5½ HOURS | \$415

Schedule this full day of pampering, and we guarantee you'll leave refreshed and rejuvenated. This package offers a wide variety of services – including a deep stone massage, an advanced facial, manicure, pedicure and reflexology and lunch from our bistro.

BLACKBURN'S CHOICE PACKAGE

\$275

Design your package:

Begin by choosing either our Signature Manicure or Pedicure,

Next choose between our classic facial or a 30 minute reflexology experience,

Finish out your day with one of the following: 90 minute Deep Stone massage; a Mineral Therapy massage; or Seaweed Detox Wrap.



BLACKBURN'S SPA LOVERS PACKAGE

3½ HOURS | \$575

Begin the day with your honey experiencing our Signature Pedicure,

Next choose between our classic facial or a 30 minute reflexology experience,

Finish out your day with one of the following: 90 minute Deep Stone massage; a Mineral Therapy massage; or Seaweed Detox Wrap.

COUPLES QUICK RETREAT

2 HOURS | \$375

Begin by choosing between our classic facial or a 30 minute reflexology experience,

Finish out your day with one of the following: 90 minute Deep Stone massage; a Mineral Therapy massage; or Seaweed Detox Wrap.

HOURS OF OPERATION:

Sunday & Monday

by appointment for hotel guests only

Tuesday | Closed

Wednesday & Thursday | 1pm-7pm

Friday & Saturday | 10am-8pm



THE SPA AT THE BLACKBURN

(540) 712-0601

thespa@blackburn-inn.com

www.blackburn-spa.com



◇ NAIL SERVICES

LOW-TOXIN PRODUCTS

From our deep cherry shade to our peppy pink, with Simplicity's vegan, cruelty-free polishes are free of 15 harmful chemicals & ingredients that can be found in most nail polishes on the market today. Our Plant Based Nail Polish Remover contains all natural ingredients, including Tea Tree and Lemongrass Essential Oils.

HAND AND FOOT REFLEXOLOGY

30 MINUTES | \$55

60 MINUTES | \$80

Hands and feet are some of the most sensitive, and most overworked, parts of the body. Reflexology is a method of using specific points to stimulate the energy meridians of the body. Your therapist uses specific technique and acupressure points to induce relaxation, activate energy pathways, and harmonize your whole system. Includes essential oil of your choice.

ADD MANI/PEDI POLISH ONLY: \$30

◇ MANICURE

SPA MANICURE

50 MINUTES \$75

Shaping nails, condition cuticles, arm massage and hand reflexology. Enjoy a hand massage, exfoliating scrub of your choice, cuticle treatment and manicure, using low-toxin, cruelty-free nail polishes in lush natural colors. Essential oils are added as you enjoy a hot towel wrap and polish of your choice.

QUICK MANICURE

25 MINUTES \$45

Short on time or just need a touch-up? Exfoliation massage, nail tending or polish and aromatherapy.



◇ PEDICURE

SPA PEDICURE

80 MINUTES \$85


Begin with a sumptuous soak in water poured for you. Dissolve your stress as calves, ankles and feet are massaged using Reflexology techniques, as well as the exfoliation scrub of your choice. Nail tending, shaping and cuticle conditioning, ending with a hydrating foot mask with hot towels. Includes Young Living Essential oils. Relax in a therapeutic foot soak, then finish with a polish. Our polishes are low toxin and cruelty-free.

QUICK PEDICURE

25 MINUTES \$55

Enjoy a quick soak, foot scrub and leg massage, and toenails tended and polished. Aromatherapy included, Young Living oils.





The Spa at the Blackburn offers a serene escape from everyday life. Whether you are seeking to spend quality time with someone special or escape on your own, The Spa at the Blackburn is available for relaxing massages, invigorating body treatments, illuminating facials, and pampering nail services. Our licensed professionals are here to exceed your every expectation – make an appointment today!